

# 6<sup>th</sup> International Yoga Day

## DAY 6<sup>th</sup>

### Online Yoga Training:

Kindly open the following link:

Online Yoga training Day 7

Part 1

<https://www.facebook.com/lrpayurveda/videos/2936786469708310/>

Online Yoga training Day 7

Part 2

[https://m.facebook.com/story.php?story\\_fbid=572064140179535&id=2403141909700165](https://m.facebook.com/story.php?story_fbid=572064140179535&id=2403141909700165)

On occasion of Sixth International Yoga Day, NSS programme officer and International Yoga day College coordinator Dr.Rahul Bapusaheb Nakil has conducted Yoga session of one hour according to protocol of Ayush Ministry. Our Yoga Teacher Mr.Shashikant Jadhav was conducting this online Yoga sessions from our L R P Hospital's Yoga hall. All students, staff and other citizens are taking benefit of this online training. This facebook live session was observed and followed by all students and college staff from their home.



Prakash Shikshan Mandal's  
**LRP Ayurvedic Medical College,Hospital,  
PG Institute & Reaserch Center**  
Prakash nagar, Sangli Road,Urun- Islampur  
Dist -Sangli, Maharashtra.



## National Webinar on Yoga

Organized by

### Dept. of Swasthavritta & Yoga & NSS Unit

Inauguration by

### Mr. Nishikant Bhosale Patil ( Dada)

Founder, Prakash Shikshan Mandal Urun- Islampur  
President, Urun- Islampur Nagar Parishad

**Dr.Sharad Bhalekar**  
Topic - Yoga & Ayurved For Healthy Life

**Mrs.Aaishwarya Joshi**  
Topic - Yoga & Mental Health





Prakash Shikshan Mandal's  
**LRP Ayurvedic Medical College,**  
**Hospital, PG Institute & Research Center**  
**Prakash nagar, Sangli Road, Urun- Islampur**  
**Dist -Sangli, Maharashtra.**



# National Webinar on Yoga

Organized by

**Dept. of Swasthavritta & Yoga  
& NSS Unit**

On

**24 June 2020 11 :00 am onwards**

Inauguration by

**Mr. Nishikant Bhosale Patil ( Dada)**

Founder, Prakash Shikshan Mandal Urun- Islampur  
President, Urun- Islampur Nagar Parishad

## Resource Persons



**Dr. Sharad Bhalekar**

Topic - Yoga & Ayurved For Healthy Life  
Time - 11:00 am.



**Mrs. Aishwarya Joshi**

Topic - Yoga & Mental Health  
Time - 2 :00 pm.



**Dr. Shweta Rahul Nakil**

Co-ordinetar

**Dr. Rahul Bapusaheb Nakil**

International Yoga Day Co-ordinetar  
& NSS Programme Officer

**Dr. Jayashri P. Patil**

HOD  
Swasthavritta & Yoga Dept.

**Dr. Prasanna T. Gavali**

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