

# 6th International Yoga Day

DAY 4<sup>th</sup>

## Notice for Yoga Quiz

On the occasion of International Yoga Day 2020, Department of Swasthavritta & Yoga with NSS unit of L.R.P.Ayurvedic Medical College,Hospital,P.G.Institute & Research Center Islampur Dist - Sangli Maharashtra has organized online Yoga Awareness Quiz.

Click on the link to participate

<https://forms.gle/TxkQZaueHGgovFYj8>

Last date of participation is 23 June 2020.Every eligible candidate will get e-certificate on their email id.

### VIDEO LINK:

link of L.R.P.Ayu#Online Yoga training#Day 4

<https://www.facebook.com/lrpayurveda/videos/1117165175325658/>